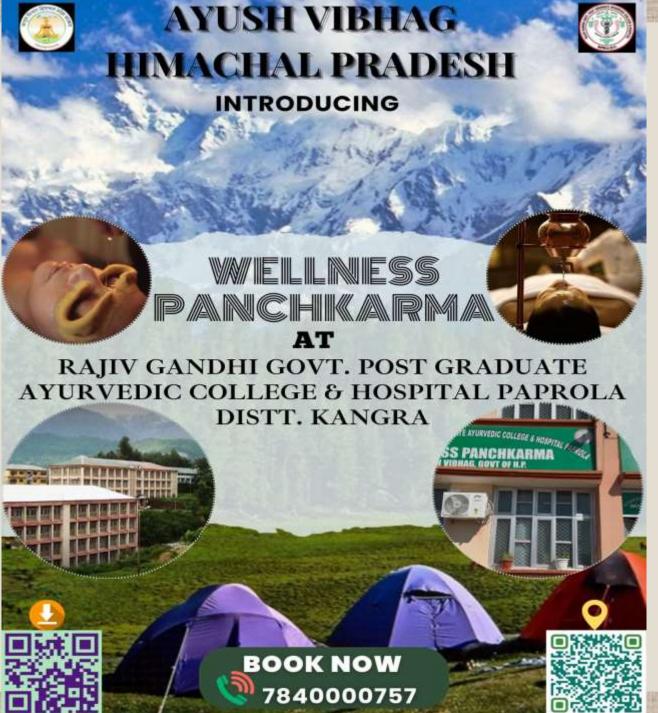




INAUGRATION BY HONOURABLE AYUSH MINISTER HIMACHAL PRADESH





BROCHURE QR CODE

LOCATION QR CODE





AT RAJIV GANDHI GOVT. POST GRADUATE AYURVEDIC COLLEGE AND HOSPITAL PAPROLA DISTT. KANGRA H.P.



INTRODUCING

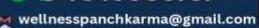
WELLNESS PANCHKARMA

RAJIVGANDHI GOVT.P.G. **AYURVEDIC COLLEGE &** HOSPITAL, PAPROLA, DISTT. KANGRA, H.P.



Book Now

7840000757





AyushVibhag, Himachal Pradesh, proudly introducing Wellness Panchakarma Unit at Rajiv Gandhi Govt. Post Graduate Ayurvedic College & Hospital, Paprola Kangra, H.P. This centre offers a unique blend of traditional Ayurvedic therapies with modern healthcare facilities, ensuring a holistic and rejuvenating healing experience for patients.

WHY CHOOSE PANCHAKARMA AT THIS LOCATION മ്ക്ലമ

Affordable Rates - Experience authentic Panchakarma therapies at highly subsidized govt approved rates, making wellness accessible to all.

Expert Care by Specialists - Our treatments are supervised by highly professional Ayurveda specialists and certified therapists, ensuring the highest standards of care.

Comprehensive Panchakarma Services - From detoxification to rejuvenation, we offer a full range of therapies tailored to individual health needs.

TOURIST ATTRACTIONS NEARBY

- Baijnath Shiva Temple A magnificent 13th-century temple dedicated to Lord Shiva, known for its exquisite Nagara-style architecture and spiritual significance.
- Tashi Jong Monastery A serene Tibetan Buddhist monastery offering a peaceful retreat with stunning views, vibrant prayer flags, and intricate murals.
- Palampur Tea Gardens Lush green tea estates providing a refreshing experience where visitors can witness tea processing and enjoy a cup of fresh Kangra tea.
- Andretta Artists Village A cultural hub for art lovers, home. to the famous Sobha Singh Art Gallery and pottery studios where visitors can try their hand at pottery.
- Bir Billing A world-famous paragliding destination offering breathtaking views of the Dhauladhar ranges and an adventurous experience for thrill-seekers.
- Sherabling Monastery A peaceful Buddhist monastery located in the foothills, known for its grand architecture, meditation retreats, and spiritual ambiance.

SERVICES PROVIDED

CONSULTATION

PRAKRITI PARIKSHAN PANCHKARMA

TREATMENTS

YOGA SESSION

PHYSIOTHERAPY

DIET PLAN

LIFESTYLE MODIFICATION

(DAILY REGIMEN & SEASONAL REGIMEN)

BENEFITS & TREATMENTS

REJUVENATION

SEASONAL PURIFICATION

REHABILITATION

LIFE STYLE DISORDERS

JOINT DISORDERS

SKIN DISORDERS NEUROLOGICAL

DISEASES GASTROINTESTINAL

DISEASES HORMONAL IMBALANCE

MENTAL WELLNESS DETOXIFICATION



















TREATMENTS CHARGES IN ₹

Consultation Charges per sitting-500

- · Ekang Abhyang-200
- Sarvang Abhyang-1000
- · Snehan Nasya-800
- · Pradhaman Nasya-500
- · Dhum Nasya-500
- Avpeeda Nasya-500
- Ekang Dhara-500
- · Sarvang Dhara with oil -1500
- · Sarvang Dhara with kashaya-1000
- Ekang Potali Swedan-500
- Sarvang Potali Swedan-1000
- Sashti Shali Pinda Swedan-1500
- Annalepana-1000
- Nadi Swedan-100
- · Sarvang swedan-500
- Lepa-500
- Upnaha Swedan-700
- · Sauna Bath-1000
- Udwartana-1000
- Utsadana-1500
- Greeva Basti-600
- Kati Basti-600
- Janu Basti-600
- · Shirobasti-1000
- Pristha Basti-800
- Pichu-500
- · Cupping 500
- Agni karma -100
- Sadya Vamana-2000
- Sadya virechan-2000
- · Sadya Niruha Vasti-2000
- Matra Vasti-800

Kwaath Dhaara-1000 Shiroabhyanga-300 Shirodhara-2000 Ksheerdhara-1500 Takra dhara-1500 Talpothichil-800 Dhumpana-500 Kavala-200 Gandoosha-500 Akshi Tarpana-600 Karan Purana-500 Vidalaka-300 Akshi Seka-300 Aschyotan-100

Wet Cupping-800 OTHER TREATMENTS

- Infrared Therapy-100
- Tens-100
- · Collaterals-200

Jalokavcharan-150

Siravyadhan-1000

- Wax Therapy-150
- Traction-100
- · Marma Therapy-100



- PACKAGES AND INDIVIDUAL TREATMENTS ARE TO BE DECIDED BY PANCHKARMA CONSULTANTS
- MEDICINES ARE INCLUDED IN THE PACKAGE
- ONLINE BOOKING IS AVAILABLE
- 50% ADVANCE AMOUNT NEED TO BE PAID FOR ONLINE BOOKING.
- ADVANCE AMOUNT IS NOT REFUNDABLE
- FULL CHARGES ARE PAYABLE BEFORE TREATMENT STARTS
- PATIENT NEED TO BRING ID CARDS AND PREVIOUS TREATMENT RECORD WITH THEM



PACKAGES	
PROCEDURES	PRICE INR-₹
VAMANA (THERAPEUTIC EMESIS) DURATION 10-15 DAYS	10000
VIRECHAN (THERAPEUTIC PURGATION) DURATION 10-20 DAYS	10000
VASTI (THERAPEUTIC ENEMA) Including Uttar Vasti DURATION 07-25 DAYS	10000 to 20000
ABHYANGA & SWEDAN 7 SITTINGS PACKAGE	10000
ABHYANGA + SHIRODHARA + SWEDAN 7 SITTINGS PACKAGE	15000

TREATMENT ROOMS



THERAPIES OFFERED



ABHYANGA



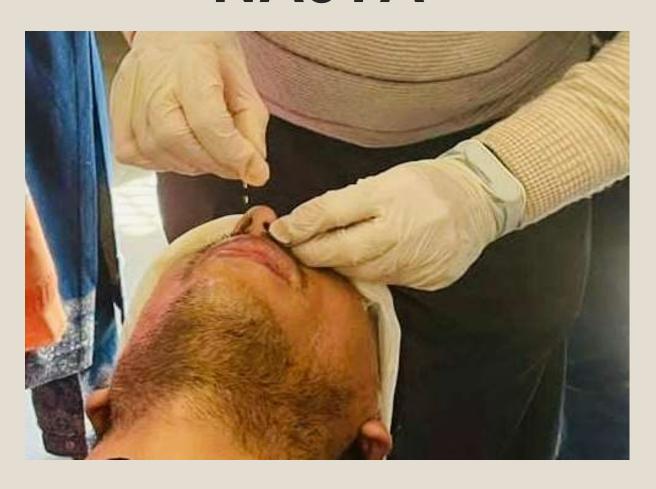
SHIRODHARA



VAMAN



NASYA

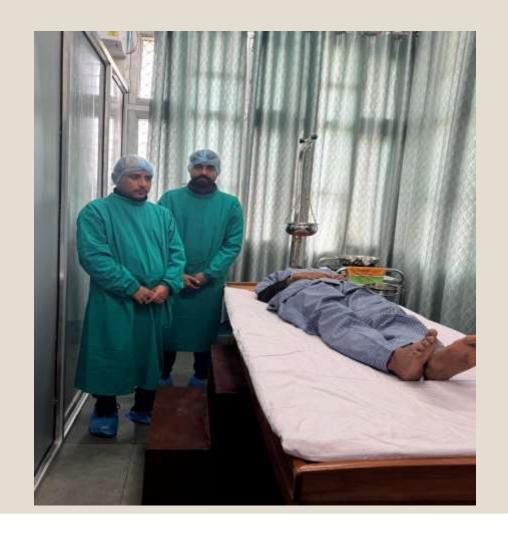


JLAUKAVCHARAN



THERAPISTS DOING PROCEDURES





UTTAR VASTI PROCEDURE



SHIRODHARA PROCEDURE



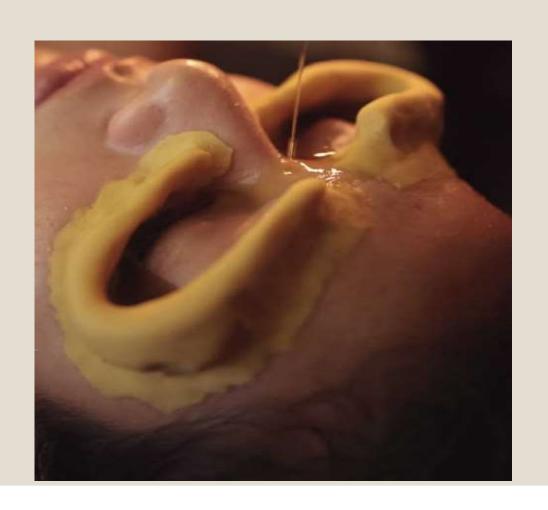
VASTI MAKING



UDWARTANA PROCEDURE



NETRA TARPANAM PROCEDURE



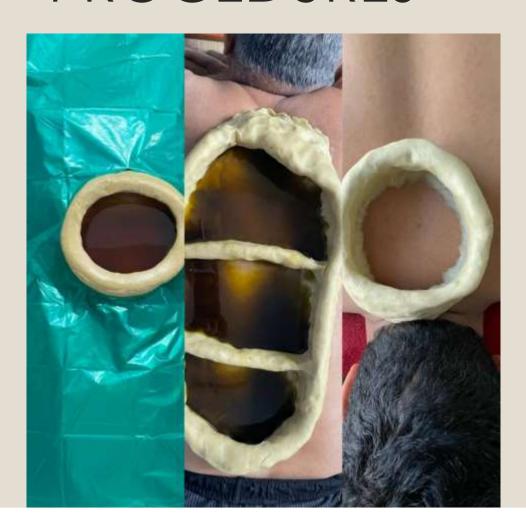
SARVANGA SWEDANA



DELUXE SAUNA CABIN(RUKSH SWEDANA)



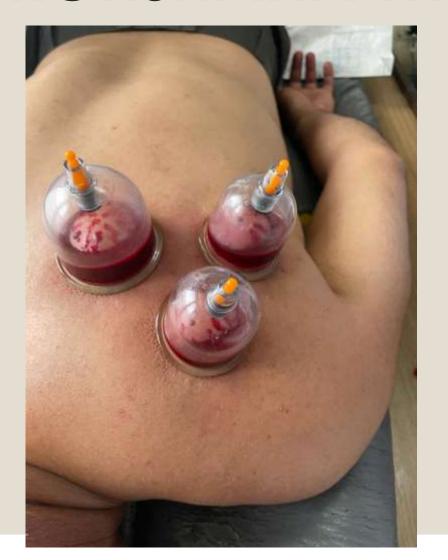
STHANIK (LOCALIZED) VASTI PROCEDURES



KATI VASTI PROCEDURE



RAKTAMOKSHANA THERAPY



SHIROVASTI PROCEDURE

